

Peak Prep Principal's Update

February 12, 2021

Mid Winter Break

When

*Monday, Feb. 15th, 12am to Sunday, Feb.
21st, 11:45pm*

Where

This is an online event.

Dear Families,

We have our Mid-Winter Break from Monday, February 15th-Friday, February 19th. Students are more than welcome to continue their curriculum, but our staff will be unavailable.

We are committed to your student's academic success and devoted to ensuring that each student has the support they need to succeed. If you have questions or concerns, please do not hesitate to reach out to me! I am here to support you.

Would you like to request a virtual meeting with me? [Click this link!](#)

Regards,

Mrs. Sabrina Ciolino

Principal

Peak Prep Pleasant Valley

Mobile: 415-320-1401

Email: sabrina.ciolino@peak-prep.org

Website: peak-prep.org

Facebook: <https://www.facebook.com/peakprep/>

Address: 2150 Pickwick Drive #304 Camarillo, CA 93010



Is your student behind in their courses? They can catch up during Mid-Winter Break!

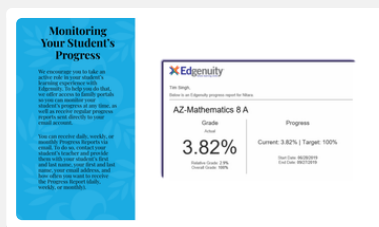
TK-5th Graders

Please check each of your courses in Schoology (click grades) or check in with your teacher to see which assignments are still outstanding.

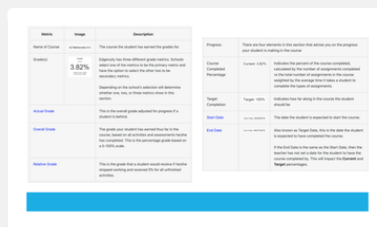
6th-12th Graders

Pacing in Edgenuity is based upon the school calendar, which means that the system recognizes that students will not be expected to log in during Mid-Winter break. ***This is your student's opportunity to get back on track in their courses if needed.*** I would strongly encourage all students currently behind to use this time to catch up, but please be aware that our faculty will be unavailable during this break.

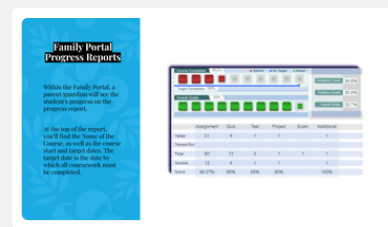
Every student behind in their courses should be meeting with their teachers during Intervention hours to get extra help. As a reminder, you can also schedule 1-1 time with your teachers to get extra support when needed or visit them during their office hours.



Monitoring Your Student's Progress



Description of Edgenuity Grades



Family Portal Progress Reports

Edgenuity® Help Center
Courseware

Understanding the...

help.edgenuitycourseware.com

The progress report sent to a parent/guardian in the email will look like this:
Metric Image Description Name of Course The...

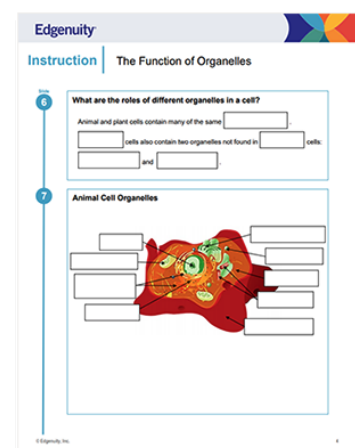
Is your 6th-12th grader using Guided Notes?

The Benefits of Enhancing Instruction with Guided Notes

1) HELP IN IDENTIFYING KEY IDEAS

Students often struggle to determine the most important concepts in a lesson and may spend time taking notes on everything. This can result in information overload as valuable energy is spent trying to process information that isn't as important. Guided notes can help by providing students with an outline of the most important details. And because most information is provided in the guided notes, students can focus their energy on building a solid understanding rather than trying to write down everything.

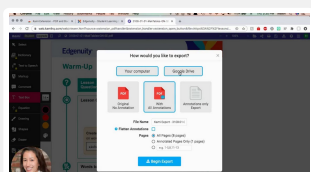
2) INCREASED ENGAGEMENT



There is plenty of evidence to show that information is more likely to be absorbed when the listener is actively engaged in some way. Note-taking in any form can help by giving students something tactile to be engaged in during instruction. Guided notes are particularly helpful because they allow students to leave a lesson with robust notes of the key concepts without overburdening their focus on the note-taking process.

3) HIGHER RETENTION OF IMPORTANT INFORMATION

Well-crafted guided notes will purposefully leave important ideas blank with the expectation that the student listens carefully during a lesson to fill in these blanks. This keeps the student actively listening for those key ideas, and then encourages them to write those ideas down. The physical act of writing down keywords and phrases increases the likelihood that the idea will be retained, and it engages multiple modalities in their interactions with key concepts. Retaining the most important information is ultimately the goal of guided notes.



Using Guided Notes ...

drive.google.com

Now Enrolling for the 2021-2022 school year!

Do you know of anyone that is looking for a new school for their student next year? Peak Prep is now accepting applications for the 2021-2022 school year.

Please direct applicants to apply using the link below:

<https://ecollect.accelaschool.com/peak>

For our current students, there is no need to re-apply. Parents/Guardians will log into PowerSchool and complete the re-enrollment form. **Detailed instructions will be sent in March.**

Live Lesson Student Support Policy

Here are some helpful tips/guidelines for Virtual sessions. We understand that they may not all be possible during this time. Thank you for doing all you can to support online instruction.

Learning Environment

- **Try to Eliminate Distractions:** If possible, sessions should be done at a table or desk in a quiet location at home or in a set learning environment away from noises and distractions. Please be aware that sounds echo through the computer and can distract other students in the group sessions online as well.
- **Have materials accessible:** ie. whiteboard, pencil, paper, etc
- **If possible, please wear headphones with a microphone** to minimize lag and echoing, it will also assist with student focus.

This is your brain on **SCREEN TIME**



3x

People consume three times as much information daily as they did in 1960.



61%

of people can't ignore their electronic devices. They check them within the hour after getting an email, text, or alert.



50%

of people check their work email outside of work hours, including weekends and vacations.



61%

of people have felt jealous, depressed, sad, or annoyed after checking updates on their social media account.

“**Sorry, what did you say?**”
81%

of people admit to interrupting conversation, mealtime, or playtime with family or friends to check their social media, text messages, or email.



3 out of 5

people spend more free time on their computer than they do with their significant other.



73%

of people believe their use of electronic devices has contributed to **stress in their life.**

me**Quilibrium**.com Interactive Stress Management

Statistics according to research conducted by the University of California, San Diego; Kelton Research; and meQuilibrium.com
Created by DiabeticLivingOnline.com



RECHARGE YOURSELF Once A Week: Pledge to Unplug!

**Hey Student,
Find the college
for you.**

NACAC
Virtual
COLLEGE FAIRS



Attend a NACAC Virtual College Fair

Featuring more than 500 colleges and universities from the US and worldwide.

Sign up now for free!
virtualcollegefairs.org

Don't miss these one-day events!
Drop in on Zoom sessions offered by hundreds of colleges to hear about student life, majors, financial aid, scholarships, and much more. Plus, text chat with college counselors for answers to all of your questions. Sign up now to explore your options and pursue your college dreams!

Virtual College Fairs

Jan. 31

Signature Fair
Sunday • 1-7 pm ET

Feb. 28

Signature Fair
Sunday • 1-7 pm ET

Mar. 7

STEM Fair
Sunday • 1-6 pm ET

Mar. 16

Performing & Visual Arts Fair
Tuesday • 4-8 pm ET

Mar. 21

Signature Fair
Sunday • 1-7 pm ET

Apr. 10

Western US Fair
Saturday • 3-7 pm ET

Apr. 20

Southeastern US Fair
Tuesday • 3-7 pm ET

May 2

Signature Fair
Sunday • 1-7 pm ET

Our thanks for
promotional support to
**common
app**

Sponsorship support
provided by
PNC

NACAC
Virtual
COLLEGE FAIRS

NACAC Virtual College Fairs are a service of the National Association for College Admission Counseling, the nonprofit association for counseling and admission professionals worldwide since 1937.

Questions? We can help! Meet your Homeroom Teachers



Mrs. Hanson

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Mrs. Audish

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Please make sure that you sign your student's weekly learning log!



Peak Prep Pleasant Valley

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